

ALICIA STRINGHAM, PA-C

EDUCATION

George Washington University Physician Assistant Program Master of Science in Health Science	May 2022-May 2024	Washington, D.C.
American University Bachelor of Science in Neuroscience	Aug 2016- May 2020	Washington, D.C.

PROFESSIONAL EXPERIENCE

Aug 2024 - present <i>Physician Assistant</i>	Women's Care Group, PC	Reston, VA
<ul style="list-style-type: none">Performed routine gynecologic visits, including annual screening and acute visits. Ordered and interpreted diagnostic labwork and imaging as needed for a variety of chief concernsMonitored and managed patients throughout pregnancy, implementing pharmacological and lifestyle modifications as necessaryUtilize transvaginal and transabdominal ultrasound for obstetric visits; performed measurements and calculated gestational ageDiscussed results and treatment options/next steps with patients in a variety of settings; including phone, in-office, and telehealth visitsEducated patients on a variety of gynecologic/obstetric conditions, screening tests, preconception/fertility, pelvic floor health, and other women's health topics		

CLINICAL EXPERIENCE

Apr- May 2024 <i>Pediatric Clerkship</i>	Office of Smita Mengers, MD	Germantown, MD
<ul style="list-style-type: none">Elicited patient histories from both patients and parents, performed focused physical exams on pediatric populationDeveloped differential diagnosis and implemented care planPerformed in-office procedures including, but not limited to, vitals, throat swabs/cultures, suture removal		
Feb- Mar 2024 <i>Inpatient Medicine Clerkship</i>	Grand Strand Medical Center	Myrtle Beach, SC
<ul style="list-style-type: none">Elicited patient histories, performed focused physical examsDeveloped differential diagnosis and implemented care planAdmitted patients to hospitalist service and consulted specialties		

Jan- Feb 2024 Adventist White Oak Medical Center Silver Spring, MD
Surgery Clerkship

- Elicited pre-operative histories, performed focused physical exams
- Assisted in a variety of surgical procedures, including laparoscopy and robotics, of varying specialties; including general, orthopedic, plastics, gynecology, and vascular

Nov- Dec 2023 Washington VA Medical Center Washington, DC
Emergency Medicine Clerkship

- Quickly assessed patients to recognize life-threatening conditions
- Developed differential diagnosis and implemented care plan
- Performed common therapeutic procedures including ultrasound, urinary catheter placement, and laceration repair

Sept- Nov 2023 Women’s Care Group, PC Reston, VA
Women’s Health Clerkship

- Obtained obstetric and gynecologic health history and performed routine gynecologic exams
- Ordered diagnostic laboratory and imaging studies as needed
- Performed routine obstetric ultrasounds

June- Sept 2023 North Virginia Mental Health Institute Reston, VA
Behavioral Health Clerkship

- Obtained psychiatric histories for incoming patients
- Developed treatment plan alongside psychiatrist
- Facilitated morning meetings between psychiatry, psychology, social work, and nursing

June- July 2023 George Washington University Hospital Washington, DC
Plastic Surgery Clerkship

- Elicited pre-operative histories, performed focused physical exams
- Assisted during a variety of plastic surgery cases including both reconstructive and cosmetic cases
- Performed wound care alongside wound/ostomy RNs
- Completed post-operative rounding, reviewed overnight events and diagnostic studies

May- June 2023 Inova Primary Care Burke, VA
Primary Care Clerkship

- Elicited complete patient histories, performed focused physical exams
- Ordered and reviewed diagnostic laboratory and imaging studies as appropriate

CERTIFICATIONS AND LICENSES

2024 Virginia Board of Medicine- Physician Assistant
 2024 National Commission of Certifying Physician Assistants
 2023 Advanced Cardiovascular Life Support and Basic Life Support

AFFILIATIONS

2024-present Clinical Instructor in Department of Physician Assistant Studies at George Washington University
 2024-present Affiliate Clinical Faculty in Physician Assistant Studies at Shenandoah University
 2022-present American Academy of Physician Assistants